

# The Natural Soap Book: Making Herbal and Vegetable-Based Soaps

Susan Miller Cavitch

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## The Natural Soap Book: Making Herbal and Vegetable-Based Soaps

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The Natural Soap Book: Making Herbal and Vegetable-Based Soaps Susan Miller Cavitch Making your own soap is fun, easy, and rewarding. In this introductory guide, Susan Miller Cavitch shows you how to craft your own all-natural, wonderfully smelling soaps. Illustrated directions take you through the whole process, from buying supplies to cutting the final bars. With easy-to-follow recipes that range from classics like oatmeal and honey soap to more adventurous combinations using goat milk and borage, you'll be inspired to make uniquely personal soaps that are gentle on your skin and a pleasure for your nose.



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