



Could I Do That?

Simon Hartley

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Yes you can!

Hands up who feels like a completely inadequate underachiever whenever you hear about someone's great achievement. When someone in the office is off cycling around the world, or someone on TV has just launched a great new business which will save the planet? Most of us envy the drive and determination of these people. They've actually made this stuff happen rather than just day-dreamed about it. We all ask...Could I Do That?

Well Simon Hartley is here to show us that we can! Taking on a challenge – big or small - in your career or personal life, can be intimidating but also totally transformational. Simon will show us how to work out what it is we want to do and then how to make that happen. He uses examples and advice from others who have achieved big things.

The book examines how you should go about preparing for change, which problems you'll face along the way, and demonstrates why and how your life will be better as a consequence.

- Practical and motivational, it's about embracing change and defeating limiting beliefs
- It challenges readers to think big and take steps to achieving their goals
- It puts power in the hands of people who don't yet realise that they can do extraordinary things too

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