



# The Can't Cook Book: Recipes for the Absolutely Terrified!

Jessica Seinfeld

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From the #1 *New York Times* bestselling author of *Deceptively Delicious*, an essential collection of more than 100 simple recipes that will transform even the most kitchen-phobic "Can't Cooks" into "Can Cooks."

Are you smart enough to dodge a telemarketer yet clueless as to how to chop a clove of garlic? Are you clever enough to forward an e-mail but don't know the difference between broiling and baking? Ingenious enough to operate a blow-dryer but not sure how to use your blender? If you are basically competent, then Jessica Seinfeld's *The Can't Cook Book* is for you.

If you find cooking scary or stressful or just boring, Jessica has a calm, confidencebuilding approach to cooking, even for those who've never followed a recipe or used an oven. Jessica shows you how to prepare deliciously simple food—from Caesar salad, rice pilaf, and roasted asparagus to lemon salmon, roast chicken, and flourless fudge cake. At the beginning of each dish, she explains up front what the challenge will be, and then shows you exactly how to overcome any hurdles in easy-to-follow, step-by-step instructions.

Designed to put the nervous cook at ease, *The Can't Cook Book* is perfect for anyone who wants to gain confidence in the kitchen—and, who knows, maybe even master a meal or two.



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