



The Deeper Path: Five Steps That Let Your Hurts Lead to Your Healing

Kary Oberbrunner

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Numbing your pain is numbing your potential.

The two most important days of your life are the day you are born and the day you discover why. This book is for those who desire the answer to the "why" question, and this answer is found only by taking the Deeper Path.

In this transparent exploration of growth through adversity, Kary Oberbrunner shares his own story of overcoming self-injury, as well as examples from such varied realms as business, government, entertainment, education, and faith. With great compassion and clarity, he reveals a model of transformation that will help you move toward freedom and become a soul on fire.

"If you want to make your life a masterpiece then read *The Deeper Path*. Kary provides the tools you need to tap into your talents and desires and live your true potential."--Mark Sanborn, *New York Times*, *Wall Street Journal*, and *Business Week* bestselling author of *The Fred Factor*

"Kary invites us to take off the mask we hide behind and reveal our true selves. Once removed, we find we aren't alone. With practical insights and actionable steps, *The Deeper Path* gently moves us out of our comfort zones and into a place of love and healing. Once there, we discover our ultimate purpose."--Jason Locy, author of *Veneer*

"Though we may wish it weren't so, life is messy and filled with pain. In *The Deeper Path*, Kary Oberbrunner reveals that what we believe are inevitable burdens may actually be unexpected gifts. With humility and wisdom far exceeding his years, Kary lights the way forward to a healed life of purpose and joy."--Jonathan Merritt, author of *A Faith of Our Own*

"A compelling model of transformation. Kary's examples from all sectors of society make this a dynamic read for the faith and business communities alike."--Harvey Hook, author of *The Power of an Ordinary Life* and executive director of The Gathering

"Many people have an intellectual understanding of the principles found in this book; few can express them in words and action, and that is what Kary has done and who he is. Don't read this book, study it!"--Paul Martinelli, internationally acclaimed speaker, trainer, and coach

"*The Deeper Path* teaches us that numbing our pain is numbing our potential. Kary's words challenge us to consider a new way of thinking and then equip us to take that journey ourselves."--Scott M. Fay, international author, speaker, entrepreneur

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Deana Broom:

A lot of people always spent their own free time to vacation or maybe go to the outside with them household or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or even playing video games all day long. In order to try to find a new activity that's look different you can read a book. It is really fun for you. If you enjoy the book which you read you can spent the whole day to reading a e-book. The book The Deeper Path: Five Steps That Let Your Hurts Lead to Your Healing it is extremely good to read. There are a lot of those who recommended this book. We were holding enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the particular e-book. You can m0ore easily to read this book out of your smart phone. The price is not too costly but this book possesses high quality.

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