



Simple Kabbalah: A Simple Wisdom Book (Simple Wisdom (Conari))

Kim Zetter

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In *Simple Kabbalah*, journalist and Jewish scholar Kim Zetter outlines the history of this mystic tradition, the main tenets of its belief system, and explains its central symbol, the Tree of Life. She then shows how to practice the wisdom of Kabbalah in everyday life through meditation and exercises for calming the mind and sharpening awareness. As we gradually absorb this ancient form of knowledge, we see how it affects every aspect of our lives, from attitudes about work and the environment to our social and personal interactions.

Despite its popularity at cocktail parties and in the media, few people genuinely understand what Kabbalah is. Unlike traditional Judaism, Kabbalah views God as a divine source of light, energy, and love, ever present in the physical world, rather than a patriarchal deity.

Kabbalah practitioners look beyond a literal interpretation of the Hebrew Bible for information about the soul; the nature of God, Creation, and the spiritual world; and humans' relationship to God and to each other.

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Brett Munoz:

Playing with family within a park, coming to see the water world or hanging out with friends is thing that usually you have done when you have spare time, then why you don't try point that really opposite from that. Just one activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Simple Kabbalah: A Simple Wisdom Book (Simple Wisdom (Conari)), you can enjoy both. It is good combination right, you still wish to miss it? What kind of hang type is it? Oh can happen its mind hangout people. What? Still don't understand it, oh come on its referred to as reading friends.

Robert Marshall:

This Simple Kabbalah: A Simple Wisdom Book (Simple Wisdom (Conari)) is great guide for you because the content which is full of information for you who also always deal with world and possess to make decision every minute. This specific book reveal it data accurately using great manage word or we can say no rambling sentences within it. So if you are read that hurriedly you can have whole information in it. Doesn't mean it only provides you with straight forward sentences but difficult core information with beautiful delivering sentences. Having Simple Kabbalah: A Simple Wisdom Book (Simple Wisdom (Conari)) in your hand like finding the world in your arm, facts in it is not ridiculous just one. We can say that no e-book that offer you world throughout ten or fifteen second right but this book already do that. So , it is good reading book. Hey there Mr. and Mrs. hectic do you still doubt that?

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