



Veganize This!: From Surf & Turf to Ice-Cream Pie--200 Animal-Free Recipes for People Who Love to Eat

Jenn Shagrin

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Veganize This! shows herbivores and carnivores alike how to turn the delicious dishes from their previous butter- and beef-filled lives into tasty vegan creations that go well beyond the sprouts-and-groats fare often still associated with veganism. For the gastronomist, Chef Jenn's creations include Jumbo Lump Jack- Fruit Crab Cakes with Spanish Garlic Mayonnaise and Quattro Formaggio White Truffle Macaroni and Cheese. Craving something a little more down-home and comforting? Check out the recipes for DIY Vegan "Doritos®" and Chicken Fried Tofu Steak. With tips and tricks throughout—from making your own mock meats to killer dairy substitutes—*Veganize This!* is also accompanied by a healthy side dish of sass; Shagrin's comedienne-by-day humor makes this a read that's satisfying for the funny bone as well as the belly.

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