

Alternatives to Domestic Violence: A Homework Manual for Battering Intervention Groups, Third Edition

Kevin A. Fall, Shareen Howard



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Created to be used as a workbook by men in domestic violence group counseling, this book presents a solid, interactive, and comprehensive treatment tool.

If you are a group leader, this guide will provide you with a supplement to your group instruction. Like the previous editions, it is designed to be used with a wide variety of accepted curricula for domestic violence intervention programs. Interactive lessons and exercises cover important topics such as respect and accountability, maintaining positive relationships, good communication, parenting, and the role of religion in recovery. For this new edition, the authors used feedback from group leaders and participants to update, remove, and adjust exercises, and to design new ones. A chapter on the role of drugs and alcohol in domestic violence has been added, as well as new "tool" exercises that will help group members learn new skills and modify and apply them to their lives.

If you are a group member, you will find this book to be a valuable supplement to the work you do in group. In it, personal stories from men who were in a group just like you will show you how they have both found success and failed, giving you the opportunity to learn from both. Interactive exercises will enhance your participation in group, and homework assignments will allow you to continue your learning outside of group. Additionally, new "tool" exercises will teach you new skills and how you can apply them in your life.

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