



Pregunta: Las Preguntas Para Fortalecer Tu Vida (Spanish Edition)

Michael Jenet

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¿POR QUÉ? ¿Por qué algunas personas viven una vida más feliz, exitosa y complaciente mientras que otros están tristes, sufriendo y solos? «PREGUNTA» te dará la respuesta. Como dice Jenet: «La vida hay que vivirla, no padecerla». En un estilo de fácil lectura, humorístico y coloquial, lleno de explicaciones lógicas, pasos simples y ejemplos de la vida real, Michael Jenet te demuestra cómo puedes aprovechar más tu vida inmediatamente, sin importar dónde te encuentres en este momento. La respuesta al porqué yace en las preguntas que se hace nuestra mente cada día. Aprender a tomar el control de estas preguntas, a mejorar nuestro CI (Cuestionario Intencional) es el secreto de aquellos que viven una vida más feliz y gratificante que aquellos que apenas si logran sobrevivir. Podrás encontrar una caja de herramientas que te orientará para mejorar tu carrera, tus relaciones, tu salud, tu espiritualidad, tu aprecio, tu felicidad y tu vida. No importa en qué etapa de tu vida te encuentres, si quieres aprovechar más cada día, experimentar más alegría, más éxito, más felicidad, más vínculos y vivir la vida en lugar de padecerla, este libro te enseñará cómo hacerlo.

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