



The Reason: How I Discovered a Life Worth Living

Lacey Sturm

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There is a reason you exist . . .

The day Lacey Sturm planned to kill herself was the day her old life ended. As an atheist who hated Christians, she thought church was a place for hypocrites, fakers, and simpletons. After a screaming match with her grandmother, she ended up in the back of a sanctuary, hating everyone in the room. But what happened in that room is The Reason she is alive today.

With raw vulnerability, this hard rock princess tells her story of physical abuse, depression, suicidal struggles, and more--and her ultimate salvation. She asks the hard questions--*Why am I here? Why am I empty? Why should I go on living?*--showing that beyond the temporary highs and the soul-crushing lows is a reason each of us exists and a purpose for our lives.

"A book with this much substance will, without a doubt, live on to change lives for generations. I truly believe Lacey's story has fallen into your hands at the perfect time. Dive right in and find out the reason."--from the foreword by **Brian "Head" Welch**, lead guitar for KoRn / Love & Death; author of *Save Me from Myself*

"Fresh. Passionate. Powerful. Just like her voice and presence, Lacey's writing compels and penetrates, and in the end she will change you."--**Chap Clark, PhD**, author of *Hurt 2.0: Inside the World of Today's Teenagers*

"In a time where the gulf between sacred and secular seems to grow incrementally, Lacey bridges the gap with her soul-bearing candor, raw passion, and prophetic insight."--**John L. Cooper**, lead singer of Skillet

"At its core, Lacey's story is one of hope. From desperation to redemption to victory, this is an amazing journey that apart from God would not be possible. Hers is a story that will encourage and challenge."--**Michael W. Smith**, singer and songwriter

Lacey Sturm is a mother, wife, writer, speaker, and musician. Originally the voice behind the platinum-selling international rock band Flyleaf, she is now a solo artist. But most of all, she is one of God's works of art, and she wants others to know and understand how special, how beautiful, how kaleidoscopically wonderful we are all made. Lacey speaks for the Billy Graham Evangelistic Association and its Rock the River events. She cofounded the Whosoever Movement and helped begin the RESET movement as one of their key speakers. She lives in Pennsylvania with her family. For more information, visit www.laceysturm.com.

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Mary Bradford:

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