



Trauma Counseling: Theories and Interventions

Lisa Lopez Levers

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Trauma Counseling is a comprehensive, multidisciplinary guide to the theory and treatment of survivors of a broad spectrum of traumatic events, including interpersonal violence, hate crimes, school violence, community violence, natural disasters, and war and terrorism. It is written by a Fulbright scholar who is internationally recognized for her work with traumatized populations in Rwanda, several southern African countries, Russia, and the United States. It also includes the contributions of researchers from the United States, Australia, Africa, and Europe.

The book discusses evidence-based trauma assessment and intervention techniques and integrates the latest findings from neuropsychology and psychopharmacology. It focuses on issues of loss and grief, survivorship and disability, genocide, natural disasters, the impact of war on civilians and veterans, and the distinct effects of trauma in early childhood, childhood, and adolescence. Also addressed are ethical perspectives and methods of self-care for counselors who work with this population. The text will be of value to graduate counseling students and professional counselors as well as social workers, psychologists, psychiatric nurses, and other human service providers, who will be able to attend to trauma survivors with a depth of knowledge and confidence. The contents of *Trauma Counseling* not only fulfill but exceed the requirements of The Council of Accreditation and Counseling and Related Educational Program (CACREP) standards.

Key Features:

- Addresses the theory and treatment of trauma survivors of interpersonal violence, hate crimes, school violence, community violence, natural disasters, and war and terrorism
- Provides a multidisciplinary approach to treatment that integrates findings from neuropsychology and psychopharmacology.
- Includes evidence-based counseling techniques
- Illuminates the intersections of trauma, crisis, and disaster issues, exceeding related requirements of CACREP standards
- Examines ethical dimensions and the need for self-care among trauma counselors
- Emphasizes the relevance of clinical supervision in trauma care
- Offers topic-relevant resources at the end of each chapter

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Etsuko Siler:

The reason why? Because this Trauma Counseling: Theories and Interventions is an unordinary book that the inside of the publication waiting for you to snap the item but latter it will jolt you with the secret this inside. Reading this book alongside it was fantastic author who else write the book in such incredible way makes the content within easier to understand, entertaining approach but still convey the meaning totally. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of positive aspects than the other book possess such as help improving your expertise and your critical thinking technique. So , still want to hesitate having that book? If I have been you I will go to the guide store hurriedly.

Janice Leon:

Reading can called mind hangout, why? Because when you are reading a book particularly book entitled Trauma Counseling: Theories and Interventions your thoughts will drift away trough every dimension, wandering in every single aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging every word written in a publication then become one form conclusion and explanation that will maybe you never get ahead of. The Trauma Counseling: Theories and Interventions giving you another experience more than blown away your head but also giving you useful facts for your better life within this era. So now let us explain to you the relaxing pattern this is your body and mind will likely be pleased when you are finished examining it, like winning an activity. Do you want to try this extraordinary paying spare time activity?

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