



# **The Everything Gluten-Free Cookbook: 300 Appetizing Recipes Tailored to Your Needs! (Everything®)**

*Nancy T. Maar*

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Nancy T. Maar

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(Everything®) Nancy T. Maar

## Eat your favorite foods worry-free!

If you're one of the millions of people affected by Celiac Disease or a gluten/wheat allergy, *The Everything Gluten-Free Cookbook* is your complete resource for great-tasting, gluten-free meals. Complete with 300 recipes especially created with your needs in mind and resources for buying gluten-free ingredients, you'll find hundred of options for healthy, tasty eating. From pasta casseroles and creamy soups to cakes, cobblers and vegetarian fare, *The Everything Gluten-Free Cookbook* offers instruction on preparing meals perfect for family dinners and special occasions.

Features recipes for:

- Yellow squash and apple soup
- Shrimp and lobster salad
- Spicy cornbread stuffed with chilies
- Curried lamb grilled on skewers
- Turkey and fruit with wild rice
- Chocolate mint swirl cheesecake with chocolate nut crust

In addition to the these mouth-watering meals, you also find suggestions for parent-approved kids' snacks , as well as how to plan a children's birthday party menu and organize a dinner party feast. Whether you're planning everyday meals or cooking for a crowd, *The Everything Gluten-Free Cookbook* is packed with a flavorful variety of foods to tantalize your taste buds and fit your dietary needs!

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