



Bipolar Disorder: A Clinician's Guide to Treatment Management

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Bipolar disorder is one of the most common and potentially devastating psychiatric illnesses. This textbook provides clinicians with a comprehensive overview of rational and research-informed contemporary clinical practice in the assessment and medical management of patients with bipolar disorder. There has been a resurgence of interest in the pharmacological treatment of bipolar disorders. In "Bipolar Disorders", clinicians who are faced with making choices from a variety of treatments are instructed how to mould their practice around the long-term symptomatic and functional needs of their patients. With a focus on pharmacotherapy, the foundation of symptomatic treatment, "Bipolar Disorders" provides an up-to-date analysis of the data regarding efficacy and safety of medication along with practical guidelines with which treatment choices can be made.

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Betsy Aguilar:

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