



The Man Who Wanted to Be Happy

Laurent Gounelle

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At the end of a holiday in Bali, Julian, an unhappy schoolteacher decides to meet a renowned local healer, Samtyang. Through daily sessions at the wise man's house, he begins to identify the source of his unhappiness as a series of simple questions and answers point to his own limiting beliefs and fears. Day after day, their dialogue is punctuated by live examples and challenges Julian is asked to experience on the island's mainland and its surroundings.

From international best-selling author **Laurent Gounelle**, *The Man Who Wanted to be Happy* explores the world of new possibilities that are open to us when we discover how to break free of what prevents us from being truly happy.

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