



Little Book of Hope

Ade Djajmihardja, Kate Stephens

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Ade Djajmihardja had the perfect home, the perfect partner, and was at the height of his dream career in film and television when, in a matter of seconds, his life was utterly transformed.

Following a massive haemorrhage stroke, Ade was left paralysed, unable to move, eat or even read. Top of the world one moment, fighting for survival the next. But through it all, Ade's spirit never broke.

This is the remarkable story of Ade and his wife, Kate, and how hope steered them through the darkest of days. Told with Ade's signature positivity, humour and empathy, *The Little Book of Hope* is full of fascinating insights and practical tools that will warm, inspire and guide anyone facing tough times.

'It's a great gift when you overcome adversity with humour and optimism. This book is full of both.' — Kate Ceberano, award-winning Australian singer and songwriter

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Paul Otoole:

A lot of people always spent their particular free time to vacation or even go to the outside with them friends and family or their friend. Do you know? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity this is look different you can read the book. It is really fun to suit your needs. If you enjoy the book that you read you can spent all day long to reading a publication. The book Little Book of Hope it is extremely good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. When you did not have enough space to create this book you can buy the actual e-book. You can m0ore very easily to read this book out of your smart phone. The price is not to fund but this book offers high quality.

James Hubbard:

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Cora Spillane:

In this era which is the greater man or woman or who has ability in doing something more are more special than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you are related is just spending your time very little but quite enough to have a look at some books. Among the books in the top checklist in your reading list is definitely Little Book of Hope. This book and that is qualified as The Hungry Hillside can get you closer in becoming precious person. By looking upwards and review this reserve you can get many advantages.

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