



Breaking Invisible Chains: The Way to Freedom from Domestic Abuse

Susan Osborn, Jeenie Gordon

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You dared to love him. You saw the red flags. You felt the sting of his words and saw the anger flash in his eyes. You honestly thought things would be better once you were married. Turns out, you were wrong. That Prince Charming who swept you off your feet is now not so charming. As a matter of fact, you wonder if you made the right decision . . . but you love him. This is the way every marriage is, right? Your relationship is normal, right?

For more than 1 million women in the United States, abuse—whether emotional or physical—is a way of life. Every day these women put on invisible chains. *Breaking Invisible Chains*, written specifically for women by women, is an honest, personal, and encouraging message of hope and illumination. Written by three survivors, the personal stories these women share will help you realize if you are in an abusive relationship or one that is just normal. A professional therapist includes insight into specific abuse situations, while each chapter contains a strong scriptural emphasis. The authors stress the role of forgiveness throughout the book, and they include realistic advice on how to handle the ongoing dynamics after the relationship ends if it turns out your relationship is not normal.

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