



# The Psychology of the Body: 1 (LWW Massage Therapy and Bodywork Educational Series)

*Elliot Greene, Barbara Goodrich-Dunn*

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*The Psychology of the Body* provides massage therapists, bodyworkers, and other professionals who use contact with the body with a greater understanding of the psychological issues that can arise from using touch in their therapy sessions. This new edition continues to provide a crucial basis of knowledge for students, recent grads, and experienced therapists alike regarding the emotional impact of effective therapy. The book describes the connection between the body and the mind, how touch affects this connection, the client's emotional reaction and release, and how to respond to the client in an appropriate manner. With a new, more colorful layout, this new edition has 50% more content and has been fully revised to address the latest science around this topic. For instructors, prepare your students to appropriately identify, understand, and respond appropriately to all aspects of the therapeutic relationship, including the phenomenon of emotional release, dealing with boundaries, effective interpersonal communications, and a body-based approach to ethics. Furthermore, in-text features aim to help students apply their learning to actual practice. Teaching resources like power point presentations, lesson plans, and tests with answer keys are available.

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