

# Growing Up Green: Baby and Child Care: Volume 2 in the Bestselling Green This! Series

Deirdre Imus

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### Growing Up Green: Baby and Child Care: Volume 2 in the **Bestselling Green This! Series**

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Growing Up Green: Baby and Child Care: Volume 2 in the Bestselling Green This! Series Deirdre Imus The essential, parent-friendly guide to raising a healthy child in our increasingly toxic environment.

The second volume in the New York Times bestselling Green This! series, Growing Up Green: Baby and Child Care is a complete guide to raising healthy kids. Environmental activist and children's advocate Deirdre Imus addresses specific issues faced by children in every age group -- from infants to adolescents and beyond. With a focus on preventing rather than treating childhood illnesses, Deirdre concentrates on educating and empowering parents with information such as:

- How to make sure your child is vaccinated safely
- Which plastic bottles and toys are least toxic
- How to lobby for safer school environments and support children's environmental health studies
- Advice from leading "green" pediatricians and nationally recognized doctors such as Mehmet C. Oz, M.D.

Chock-full of research and advice, Growing Up Green makes it easy for you to introduce your child to the "living green" way of life.



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