

# Model-directed Learning. Albert Bandura's Social Cognitive Learning Theory and its Socialpsychological Significance for School and

## Instruction

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Seminar paper from the year 2006 in the subject Pedagogy - Science, Theory, Anthropology, grade: 1,7, University of Wuppertal, course: Theory of Learning, language: English, abstract: This term paper explores the subject "Model-directed Learning, Albert Bandura's Social Cognitive Learning Theory and its social-psychological Significance for School and Instruction". The topic touches on several complex scientific areas that cannot be exhaustively discussed and in part can only contribute in a more generalized form to the scope of this term paper. Hence, there is the challenge of setting boundaries at first. The main focus of this paper is on the social cognitive learning theory according to Albert Bandura, with its central statements serving as the theoretical foundation of the paper as a whole.

The aim is to investigate, which basic principles Bandura is adopting from human behavior, how he does explain and analyze this approach. This theoretical rationale should be set up in the socio-psychological context of school and instruction. Hence, a main goal of this paper is to establish a theory-practice relevance. In other words, the focus is to investigate which consequences are arising from the social cognitive learning theory for school, teaching, education, and studying.

A key aspect of the social cognitive learning theory is model-based learning, thus, the assumption that human learning can happen through observation and imitation of others. In a society, in which humans strive for individuality and originality, imitation and simulation are associated with negative characteristics. Nevertheless, imitation behavior plays an important role even in every day situations. A person's aggressive behavior or drug habit is often rationalized with the assumption that this behavior was copied from friends, or was due to the influence of others, or being surrounded with the wrong people. This term paper attempts to show the scientific reasoning behind this "everyday wisdom", to in part rebut and analyze it. Social-psychological aspects in school and instruction will be used to characterize the relationship between social interactions at school, social learning at school, and learning through imitation, including the role of teacher behavior in this context.

Researching this topic will serve as a reflection for my goal to become a teacher. I would like to emphasize that this work does solely focus on central general scientific data. Of course, many of these results can be refined in a way that is specific to a situation

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