



Psychology and Adult Learning

Mark Tennant

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The third edition of this popular book examines the role of psychology in informing adult education practice and has been fully updated to reflect the effect of changes in the structure of society, globalisation, technology and the impact of postmodernism.

It explores the traditions of key psychological theories and discusses issues and problems in applying them to an understanding of adult learning and development. It also examines the formation of identities and places increased emphasis on what it means to be a lifelong learner. Dealing with adult learning in a variety of contexts, the topics considered include:

- humanistic psychology
- self directed learners
- psychoanalytic approaches
- the formation of identities
- development of intelligence
- learning styles
- behaviourism
- group dynamics and group facilitators
- critical awareness.

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