



The Integrative Counselling Primer (Counselling Primers)

Richard Worsley

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The Counselling Primer Series from PCCS Books, supplementary to the bestselling Steps in Counselling Series, is suitable for beginners and higher level students who want a succinct boost to their knowledge of a particular area. Beginners will find the style companionable and reassuring, while more advanced readers will appreciate the incisive and authoritative writing with pointers for further reading and resources. Trainers will find the series a dependable learning aid. Counselling Primers bridge the gap between introductory, intermediate and diploma level courses, each book providing a concise overview of a particular counselling approach. Each Counselling Primer will be a perfect essay resource or a springboard for further study. This book presents an unparalleled, comprehensive introduction to integrative counselling with a person-centred foundation in the twenty-first century. Worsley presents the principled application of the non-formulaic use of self and experience in the service of the client. This book is for students requiring: comprehensive introductory text for initial integratively-oriented training; input for comparative essays and therapeutic approaches on integrative courses. Anyone requiring a concise, understandable yet authoritative guide to the principles of integrative (rather than eclectic) counselling theory and practice based on a foundation of person-centred therapy - the preferred approach of many thousands of counsellors.

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