



## What Shall We Eat?

*American Antiquarian Cookbook Collection*

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## **What Shall We Eat?** American Antiquarian Cookbook Collection

In the unknown author's preface, she describes her purpose as to provide ladies with suggestions for what is reasonable for their tables for each day in the week, so they can easily provide an agreeable variety to their families. The menus are organized by month with seasonal considerations, and then by day of the week (to be repeated within that month as needed), and by meal: breakfast, tea or lunch (if dinner is late) and dinner with several courses from soup to dessert.

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