

Forgiving Our Fathers and Mothers: Finding Freedom from Hurt and Hate

Dr. Leslie Leyland Fields



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"If our families are to flourish, we will need to learn and practice ways of forgiving those who have had the greatest impact upon us: our mothers and fathers."

Do you struggle with the deep pain of a broken relationship with a parent?

Leslie Leyland Fields and Dr. Jill Hubbard invite you to walk with them as they explore the following questions:

- What does the Bible say about forgiveness? Why must we forgive at all?
- How do we honor those who act dishonorably toward us, especially when those people are as influential as our parents? Can we ever break free from the "sins of our fathers"?
- What does forgiveness look like in the lives of real parents and children? Does forgiveness mean I have to let an estranged parent back into my life? Is it possible to forgive a parent who has passed away?

Through the authors' own compelling personal stories combined with a fresh look at the Scriptures, *Forgiving Our Fathers and Mothers* illustrates and instructs in the practice of authentic forgiveness, leading you away from hate and hurt toward healing, hope, and freedom.

"A call to very hard, but very vital, work of the soul."

-Dr. Henry Cloud, leadership expert, psychologist, and best-selling author

"*Forgiving Our Fathers and Mothers* is essential reading for anyone who wants to deal with those hurts in a constructive, healing, and God-honoring manner."

—Jim Daly, president, Focus on the Family

"Leslie Leyland Fields and Jill Hubbard take us into raw, messy stories so we can be transformed by that mysterious and painful grace in the force called forgiveness."

—Scot McKnight, Northern Seminary

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Dolores Parker:

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Cheryl Taylor:

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