



The Bible Cure for PMS and Mood Swings: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam))

Don Colbert

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Shatter the myths and lies about PMS and start believing the truth as you discover how your body works. In this concise, easy-to-read booklet, you'll find a wealth of usable information to help you win the battle over PMS once and for all! Learn biblical secrets on health and the latest medical research on how to break free from PMS symptoms.

This book contains findings that your doctor may never have shared with you.

- The balancing act between hormones
- Intricate journey from girl to woman
- Nutrition and supplement helps for "those days"
- Keep a merry heart and laugh

You want to be healthy. God wants you to be healthy. Now at last here's a source of information that will help you get healthy-body, mind and spirit.

About the author:

Dr. Don Colbert is a board-certified family practice medical doctor who specializes in nutritional medicine, treating over 17,000 patients. Since 1984, Dr. Colbert has helped thousands of patients regain good health and live pain free after years of suffering. A graduate of Oral Roberts School of Medicine, he has received extensive training in nutritional medicine. As a result, he has founded and developed his own nutritional supplement line, Divine Health Nutritional Products. Dr. Colbert also co-hosts Golden Eagle Network's "Your Health Matters" with his wife, Mary. They frequently lead health seminars at home and abroad, the address health and nutrition issues as guests on national talk shows and news broadcasts. Don and Mary make their home in Central Florida.

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Robert Zamora:

A lot of people always spent their particular free time to vacation as well as go to the outside with them household or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or playing video games all day long. In order to try to find a new activity this is look different you can read some sort of book. It is really fun in your case. If you enjoy the book that you just read you can spent all day every day to reading a guide. The book *The Bible Cure for PMS and Mood Swings: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam))* it is quite good to read. There are a lot of individuals who recommended this book. These people were enjoying reading this book. In case you did not have enough space to bring this book you can buy the e-book. You can more simply to read this book from the smart phone. The price is not to fund but this book has high quality.

Erica Clark:

Precisely why? Because this *The Bible Cure for PMS and Mood Swings: Ancient Truths, Natural Remedies and the Latest Findings for Your Health Today (New Bible Cure (Siloam))* is an unordinary book that the inside of the publication waiting for you to snap that but latter it will jolt you with the secret it inside. Reading this book alongside it was fantastic author who all write the book in such remarkable way makes the content inside easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any longer or you going to regret it. This amazing book will give you a lot of positive aspects than the other book include such as help improving your ability and your critical thinking method. So , still want to hold off having that book? If I had been you I will go to the publication store hurriedly.

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