



Be There!: Making Deep, Lasting Connections in a Disconnected World

John Trent

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Be There!: Making Deep, Lasting Connections in a Disconnected World John Trent Change Your World.

Far too many Americans-of all ages-are being sentenced to a life of loneliness and isolation, and our society is paying a tremendous price as a result. Despite our longing for intimacy, most of us are failing to connect with those around us in deep, meaningful ways-and are thus missing out on the greater health, happiness, and well-being we long for.

Yet there is still tremendous reason for hope. You can make a difference in your life, and in the lives of others, by "being there."

To be there is to go beyond casual acquaintances to make deep, lasting connections.

To be there is to experience a sense of mission and purpose in lifeand a decrease in feelings of fear and isolation.

To be there for others is to find focus for your days-and to maintain a sense of wonder as you age.

To be there is to be emotionally and spiritually in the "present moment"-for your children, your spouse, and yourself.

Most of all, to "be there" is to follow a powerful biblical pattern the Lord handed down to Solomon late one night: a way of living that can transform your life and your relationships. Learn from best-selling author Dr. John Trent how you can Be There! for others in a way that will not only improve your daily existence, but richly and dramatically impact your world.

John Trent Issues a Stirring Challenge for Men and Women to "Be There" for Their Family, Friends, and Faith.

We are awash in studies showing the deep need people have for connection and the dramatic physical, emotional, and spiritual benefits that come from connecting with others. Yet despite that knowledge, we are more disconnected as a culture than ever before.

In Be There! beloved family counselor and best-selling author Dr. John Trent shows how each of us can be present, active, and intentional in others' lives.

Blending poignant stories and biblical truth, Be There! sounds the call for a return to what's important and vital in the heart and soul of society today. A centerpiece of the Focus on the Family national "Heritage Builders" campaign, Be There! will challenge and equip you to "be there" as never before for those who need

you most.

From the Hardcover edition.



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