



# Chef's Book of Formulas, Yields, and Sizes

*Arno Schmidt*

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## **Chef's Book of Formulas, Yields, and Sizes** Arno Schmidt

The ultimate quick-reference cost control resource for busy kitchens

The *Chef's Book of Formulas, Yields, and Sizes* is a powerful tool for controlling food costs in any foodservice operation. Now in an updated third edition, this encyclopedic reference is packed with helpful, practical information, including kitchen yields for more than 2,000 ingredients listed by food groups, sample purchase quantities, suggested serving sizes, tips and tricks for working with various ingredients, and other helpful tools for getting the most out of any size budget.

This *Third Edition* broadens the knowledge of seasoned chefs and novices alike with new material on 150 previously unlisted ingredients, as well as:

- Coverage of ingredients unique to Indian, Chinese, Latin, and Japanese cooking
  - Information on caloric counts, nutrition, and seasonal foods
  - Serving sizes accepted in most fine restaurants
- A versatile, exhaustive resource, the *Chef's Book of Formulas, Yields, and Sizes* also offers many informative, easy-to-read tables for quick access to facts on can and bottle sizes, weights and measures, steam table pan sizes, and table and tablecloth sizes, as well as more than fifty basic, large-quantity recipes for mousses, soups, dough, cakes, and much more. The *Chef's Book of Formulas, Yields, and Sizes, Third Edition* is absolutely indispensable for any foodservice professional who must calculate costs for inventory management or determine exact measurements for portion control.

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