



Science and Football VI: The Proceedings of the Sixth World Congress on Science and Football: v. 6

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Science and Football VI showcases the very latest scientific research into the variety of sports known as football. These include the games of association football, the rugby codes (union and league), and the national codes (American, Australian and Gaelic). The book aims to bridge the gap between theory and practice in football studies, and presents important new work in key areas such as:

Biomechanics

Sports medicine

Paediatric exercise science

Match analysis

Environmental physiology

Physiology of training

Fitness assessment

Psychology

Social sciences

Sports scientists, trainers, coaches, physiotherapists, medical doctors, psychologists, educational officers and professionals working in the range of football codes will find this in-depth, comprehensive text an essential

and up-to-date resource of scientific information for their respective fields.

The papers contained within this volume were first presented at The Sixth World Congress on Science and Football, held in January 2007 in Antalya, Turkey. The meeting was held under the auspices of the International Steering Group on Science and Football, a representative member of the World Commission of Science and Sports.

Thomas Reilly is Director of the Research Institute for Sport and Exercise Sciences at Liverpool John Moores University. He is President of the World Commission of Science and Sports and Chair of the International Steering Group on Science and Football.

Feza Korkusuz is Director of the Medical Centre and Chair of the Department of Physical Education and Sports at Middle East Technical University, Ankara, Turkey. He is corresponding editor for Clinical Orthopaedics and Related Research and is on the International Education Board of Technology and Health Care Journal.

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