



The Mastery of Music: Ten Pathways to True Artistry

Barry Green

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The Inner Game of Music, the breakout hit that became a standard primer in the music world, has taught thousands of musicians—professionals and amateurs alike—how to overcome self-consciousness and stage fright and to recapture a youthful, almost effortless capacity to learn. Now, in his follow-up book, *The Mastery of Music*, Barry Green turns his expert hand to the artistic qualities that make an extraordinary musician. Culling advice from dozens of interviews with legends including Joshua Bell, Dave Brubeck, Jeffrey Kahane, Bobby McFerrin, Christopher Parkening, Doc Severinsen, Frederica von Stade, the Harlem Boys Choir, and the Turtle Island String Quartet, he reveals that it's not enough to have a cerebral and emotional connection to the notes. Green shows how musical excellence, exhibited by true virtuosos, requires a mastery of ten unique qualities of the soul and the human spirit, such as confidence, passion, discipline, creativity, and relaxed concentration, and he discusses specific ways in which all musicians, composers, and conductors can take their skills to higher levels. He carefully incorporates all instruments and techniques in his rejuvenating discussions, inspiring the stifled student to have fun again and the over-rehearsed performer to rediscover the joy of passionate expression. Essential reading for every musician, *The Mastery of Music* strikes a beautiful new chord.

From the Trade Paperback edition.

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