



The Soul Tells a Story: Engaging Creativity with Spirituality in the Writing Life

Vinita Hampton Wright

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There is a reason artists tend to feel a sense of the sacred in their work. It's the same reason those on the path of spiritual formation find that creative exercises lead them into a deeper, more authentic experience with God. Creative work is soul work, and soul work is always creative work. Feeding one while neglecting the other will leave you restless and unsatisfied. Nurturing them both will lead you to new places of self-discovery and God-discovery.

"I believe that spirituality and creativity are intricately connected, yet they are rarely nurtured and talked about that way," contends Vinita Hampton Wright. In these pages she leads you through the process and practice of integrating the worlds of Christian spirituality and creativity.

You will find both inspiration and practical help for

- embracing the life that chooses you
- understanding the spiritual process of creativity
- facing the self you have to deal with
- comprehending the relationship of sexuality to both art and soul
- developing a supportive community for your work
- thriving as a creative person in the real world

The Soul Tells a Story helps you to turn frustrated longings into satisfying growth.

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