



Enough is Enough!: Stop Enduring and Start Living Your Extraordinary Life

Jane Straus

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Break free of fear and let your inner truth inspire you to thrive and get the life you really want

What keeps us enduring an unsatisfying life? How can we break free of our fear-based patterns to live an inspiring and unique life that is aligned with our deepest personal truth? Written by the highly successful seminar leader and life coach Jane Straus, *Enough Is Enough* delves into the spiritual, emotional, and intellectual aspects of an extraordinary life. Using a practical approach that includes a wealth of exercises, Straus helps readers break free of fear and learn to lead a life of integrity that is filled with joy.

Jane Straus (Mill Valley, CA) is a seminar leader, coach, motivational speaker, and the founder and CEO of two companies, one for business seminars and one for intensive personal growth workshops.

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