



Hawk Woman Dancing with the Moon: Sacred Medicine for Today's Woman

Tela Star Hawk Lake

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Female shaman Tela Star Hawk Lake interweaves traditional Native ritual, ceremonies and prayers with her own personal experiences as a healer in a modern time where old traditions are widely abandoned and forgotten. She sets down shamanic knowledge that can be easily incorporated into the daily lives of contemporary women of any culture to cleanse, balance, comfort, and strengthen.

For the first time, Tela Star Hawk Lake shares Native women's wisdom anyone can follow:

- How to conduct your own moontime ceremony
- How to prepare yourself for surgery
- How to use prayer and ritual to replace alcohol and drug dependency
- How to use Native childbirth practices to ease pain and facilitate delivery and bonding with your new baby
- How to use Native herbal treatments and diet to cure yourself of almost any female problem

In *Hawk Woman Dancing with the Moon*, Tela shares her story as a woman adrift in society that often emphasizes artificial values and solutions to natural problems. By recounting her ordeals as a healer and sharing her life story—including her spiritual initiation and rites of passage on her road to recognition as an intertribal shaman—she shows how she was forced to apply the principles of her own beliefs to daily life. Her story includes real life experiences with ghosts, spiritual battles, vision quests, and a variety of illnesses through which she learned to heal herself and, from these experiences, to heal others.

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Pearl Miller:

The reason? Because this Hawk Woman Dancing with the Moon: Sacred Medicine for Today's Woman is an unordinary book that the inside of the e-book waiting for you to snap that but latter it will distress you with the secret the item inside. Reading this book adjacent to it was fantastic author who all write the book in such awesome way makes the content inside of easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you for not hesitating having this any more or you going to regret it. This phenomenal book will give you a lot of advantages than the other book have such as help improving your talent and your critical thinking method. So , still want to hold off having that book? If I ended up you I will go to the reserve store hurriedly.

Philip Martin:

Playing with family in the park, coming to see the water world or hanging out with pals is thing that usually you will have done when you have spare time, after that why you don't try factor that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition associated with. Even you love Hawk Woman Dancing with the Moon: Sacred Medicine for Today's Woman, you can enjoy both. It is fine combination right, you still wish to miss it? What kind of hang type is it? Oh can occur its mind hangout fellas. What? Still don't obtain it, oh come on its named reading friends.

Brenda Villa:

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David Baxter:

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