



## **Reaching Across Boundaries of Culture and Class: Widening the Scope of Psychotherapy**

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# Reaching Across Boundaries of Culture and Class: Widening the Scope of Psychotherapy

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In a world that is forever fragmenting into divisions of ethnicity and class, this groundbreaking book offers an approach to therapy that reaches across the boundaries that usually divide us. Reaffirming psychotherapy's roots in a progressive approach to social change, the contributors show how contemporary methods can be used to treat patients often previously thought unresponsive to psychodynamic therapy. Cultural values, countertransference guilt, immigration, bilingualism, and battered self-esteem in African-American patients are among the many topics discussed. Numerous examples guide the clinician to a better understanding of the role of culture in the therapeutic relationship.

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