



Natürlich Falten weg: Akupressing: die sanfte Methode für ein jugendliches Aussehen (German Edition)

Gabriela Biasini

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Das Spezialgebiet der Heilpraktikerin Gabriela Biasini war lange Facelifting durch Akupunktur, bis sie herausfand, dass man die Stimulierung mit Nadeln durch einfaches Beklopfen mit den Fingern oder einem Druckstift ersetzen kann. Die Wirkung ist nicht so intensiv, doch mit ein wenig Ausdauer erzielt man ebenfalls sehr gute Ergebnisse – ganz ohne Nadeln.

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